



Foxhall Smiles, PC
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Composite Resin Veneers

The *composite resin veneers* were placed with the finest materials and techniques available today. However, you should be aware of the following information about them.

Fragile Resin Veneers:

Be Very Careful. Unlike porcelain veneers, resin veneers can break and chip. You may use your front veneered teeth for biting normal food, but *avoid* using your front teeth for biting anything excessively hard, like carrots and pretzels! The resin veneers will also show signs of wear – discoloration and staining. They can stain from coffee, tea, red wine and smoking. Usually these stains can be removed with a dental prophylaxis.

Brushing, Flossing & Cleaning Around the Veneers:

You must take excellent care of your veneers to provide optimum longevity for them by preventing future dental decay and gum disease.

Brush normally around the veneers.

We recommend the least abrasive (most gentle) toothpastes. Like: ***RDA under 70.***

Do not use whitening toothpastes or gels as they are too abrasive.

Use *FLOSS* daily, you will find that Glide floss works best!

Do NOT use any mouthwashes that contain alcohol.

If recommended, swish vigorously with *0.2% neutral sodium fluoride* once daily.

Follow-Up Visits:

Visit us at regular 3, 4, or 6 month examination and prophylaxis periods so that the veneers can be carefully checked.

The Future:

We expect that you will receive many years of service from these veneers.

However, veneers will usually need replacement if any of the following occurs:

- Over a period of years, the color of the Veneer may change depending on the foods you eat, and the color change becomes objectionable to you.
- Stains at the gingival areas or around the edges may develop.
- If the gums recede from the veneers and your original tooth structure underneath is uncovered, you may want replacement

We have done our best to provide you with the ***finest quality resin veneers.*** Only your continuing care and concern can assure optimum service longevity.

Emergency:

After office hours, Dr. Catanzano can be reached by phone **202-683-7766**. Your call will be answered as soon as possible. Please leave a message with your name and phone number. If you have any questions about today's treatment, please call us at: 202-244-1601.