

## Veneers

# Porcelain Veneers

The porcelain veneers were placed with the finest materials and techniques available today. However, you should be aware of the following information about them.

### **Fragile Porcelain Veneers:**

Be Very Careful. The Veneers are made of porcelain and can break and chip.

You may use your front veneered teeth for biting normal food, but *avoid* using your front teeth for biting anything excessively hard, like carrots and pretzels!

**Stains:** the porcelain can stain from coffee, tea & smoking. Usually these stains can be removed with a prophylaxis. However, long term smoking and very heavy coffee drinking will severely deteriorate the porcelain, and require replacement.

### **Brushing, Flossing & Cleaning Around the Veneers:**

You must take excellent care of your veneers to provide optimum longevity for them by preventing future dental decay and gum disease.

**BRUSH** normally around the veneers. We recommend the least abrasive (most gentle) toothpastes. Do not use whitening toothpastes or gels as they are too abrasive.

Use **FLOSS** daily, you will find that Glide Floss works best!

Do NOT use any alcohol mouthwashes. Some examples to use are *AP-24* and *Rembrandt*.

If recommended, swish vigorously with *0.2% neutral sodium fluoride* once daily.

### **Follow-Up Visits:**

Visit us at regular 3, 4, or 6 month examination and prophylaxis periods so that the Veneers can be carefully checked.

**The Future:**

We expect that you will receive many years of service from these veneers.

However, Veneers will usually need replacement if any of the following occurs:

Over a period of years, the color of the Veneer may change depending on the foods you eat, and the color change is objectionable to you. Slight stains at some locations around the edges may develop. If the gums recede from the Veneers and your discolored tooth structure underneath is uncovered.

We have done our best to provide you with the ***finest quality veneers*** available today. Only your continuing care and concern can assure optimum service longevity.

If you have any questions about today's treatment, please call us at: 202-244-1601.