

Onlays and Inlays

Gold and Porcelain Inlays

You have just had a gold or porcelain inlay filling cemented onto your teeth. They are made of *gold or porcelain*, the finest and most up-to-date inlay materials. They should give you many years of service if you will observe the following suggestions:

Preventive Procedures: To provide optimum longevity for your restorations and prevent future dental decay and gum disease, please use the following preventative procedures:

-Brush at least TWICE daily for at least TWO minutes. We recommend using a "pea sized" amount of fluoride toothpaste as well.

-Use only soft or extra soft bristle toothbrushes, like Oral-B, or the Braun Triumph (or other Braun electric brush with "floss action" heads) toothbrush.

-Use FLOSS, bridge cleaners or SuperFloss daily.

-If recommended, swish vigorously with 0.2% neutral sodium fluoride daily before bedtime.

Follow-Up Visits: Visit us at regular 3, 4, or 6 month examination periods. Often problems that are developing around the inlays can be detected at an early stage and repaired easily.

Sensitivity: All inlays may exhibit sensitivity to hot or cold liquids and foods and slight biting pressure. This is very normal and doesn't mean there is a problem. This sensitivity will gradually subside and disappear over a few weeks or months.

Eating/Chewing: Do not chew hard foods on the restorations for 24 hours from the time they were cemented. The cement must mature for this length of time to have optimum strength. **NEVER** eat hard, sticky, taffy-like food or candy. The suction created can cause inlays to come off. Hard candy can cause porcelain to fracture.

Problems: If one or more of the following conditions occurs, contact us immediately to avoid further problems:

---A feeling of movement or looseness in the restoration

---Breakage of a piece of material from the restoration

---Constant or severe sensitivity to pressure.

We have done our best to provide you with the ***finest quality restorations*** available today. However, as with a fine automobile or watch, only your continuing care and concern can assure optimum service longevity.

If you have any questions about today's treatment, please call them at: 202-244-1601.